






JULY 2010 Tran's Martial Arts



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Curriculum Days: A Day– Forms B Day– Combinations C Day– Step Defense D Day– Sparring (Wear Gear) E Day– Self Defense

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>Register For Tran's Summer Board Bash Fri., July 23rd Juniors: 5:15– 6:00 Adults: 6:15-7:00 \$20/\$15 for Masters Club/ Muay Thai</p>				1  POPSICLE DAY A DAY	2 B DAY
4 	5 	<p>SUMMER BREAK: See You Back for Classes on July 12th!</p>				10 
11 CURRICULUM REVIEW WEEK: <i>Students will be reviewing lower belt curriculum in class this week.</i>	12 Fun Shorts Day 	13 A DAY	14  POPSICLE DAY B DAY	15  Fun Shirt Day C DAY	16 D DAY	17 Sparring Gear D DAY
18 BUDDY WEEK: Earn a Red Legion of Honor STAR by bringing a buddy to class this week!	19 A DAY	20 Fun Shorts Day  B DAY	21 C DAY	22 Leadership Night Juniors: 5:00-5:45PM Adults: 5:45-6:45PM TKB PROMO 7:00PM NO REG CLASSES	23  Summer 2010 Board Bash Juniors: 5:15-6:00 Adults: 6:15-7:00	24 E DAY
25 B DAY	26 C DAY	27  POPSICLE DAY C DAY	28 Sparring Gear D DAY	29 E DAY	30 Red Carpet Promotion Night 5:30 PM	31 A DAY

MASTERS CLUB WEAPON: KAMAS